

# TREATMENTS & SERVICES

LONGEVITY HUB  
BY CLINIQUE LA PRAIRIE

THE ST. REGIS  
BANGKOK

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BY CLINIQUE LA PRAIRIE

## → Beauty Boosters

### Emsculpt | Sculpt your body - Fat reduction and muscle toning

A pioneering non-invasive body sculpting solution, EMSCULPT NEO emits high-intensity electromagnetic pulses to force muscular contractions to burn fat, build muscle and tone your body. A superior body contouring option in speed and efficacy, EMSCULPT NEO promises visible fat reduction and enhanced muscle tone after the first session.

**AREAS:** Buttocks, abdomen, arms (biceps or triceps), or calves

**RESULTS:** Rapid fat loss, build muscle, and enhance muscle tone

### EMS | Sculpt your body - Boost your metabolism and burn fat

Reach your fitness goals faster with a wellness session combining a personalized, targeted workout and body-shaping EMS technology designed to radically boost your metabolism and burn more calories than a typical 180-minute workout across several sessions.

**AREAS:** Full body (abdomen, arms, thighs, buttocks)

**RESULTS:** Rapid fat burning, deep muscle activation, increased metabolism, burn more calories

### CoolTech® | Sculpt your body - Redefine and sculpt fat cells

Designed to sculpt and define the whole figure, CoolTech treatment is highly effective on all body areas. Using cryolipolysis technology, a non-surgical fat reduction procedure that uses cold temperature, the procedure is designed to reduce localized fat deposits that do not respond to diet and exercise.

**AREAS:** Abdomen, arms, thighs, buttocks, chin

**RESULTS:** Reduced fat deposits, toned silhouette, lasting result

### Exilis Ultra 360 | Tighten and firm - face and body

A non-invasive solution for the face and body to stimulate collagen production and shrink fat cells. This unique device simultaneously applies both radio frequency and ultrasound energy to heat the deeper layers of the skin. Results include tightened and firmed skin, as well as the elimination of fat cells which are flushed out naturally by the lymphatic system.

**AREAS:** Face and neck, upper arms, buttocks, thighs, abdomen, upper back

**RESULTS:** Reduce wrinkles, improve skin laxity, reduce excess fat

### Ultra Femme 360 Intimate | Intimate female rejuvenation

An innovative approach to women's intimate health, this treatment is designed for vaginal rejuvenation, tightening, and improvement of sexual function. Blood supply is increased to the treated areas, and rebuilds collagen and elasticity.

AREAS: Intimate (vagina and labia)

RESULTS: Tighten and firm exterior labia, improvement in stress incontinence, reduce dryness, decrease painful intercourse

### Thermage | Smooth and tighten skin

An ultra-exclusive and premium treatment, Thermage uses radiofrequency energy to contour the skin by heating the underlying tissue and stimulating the body's natural renewal of collagen that promotes skin tightening, producing a visibly contoured and lifted result. Guests will notice a visible reduction in the signs of aging after a single non-invasive treatment.

AREAS: Face and body

RESULTS: For the face: firmer face contours, double chin reduction, decreased wrinkles around the eyes and forehead.  
For the body: lifting effect on the stomach, arms, and thighs





## → LPG Treatments

### Endermolift For Face With Lpg Technology | Firm, smooth, and refine your face, neck and décolleté

A remarkable, non-invasive treatment to erase the signs of aging Specifically tailored to your concerns and target areas Endermolift's unique technology acts on the core of fibroblasts to deeply rejuvenate your skin. With the reactivation of collagen and elastin production, results are seen immediately - skin has a renewed glow, natural smoothness, and a lifted effect. Each session's results add up to naturally fill in wrinkles, redefine contours, reduce sagging skin and under-eye puffiness, increase firmness, and improve skin clarity to reveal a more youthful, radiant appearance. A series of 8 sessions is recommended for best results.

### Endermologie For Body With Lpg Technology | Sculpt, slim, and smooth your problem areas

LPG's renowned slimming technique activates the fat release process in our body (lipolysis) to erase localized fat and cellulite imperfections. Specifically tailored to your concerns and target areas, LPG Roll's patented mechanical stimulation triggers deep biological responses to break down fat deposits, boost collagen, and increase elastin production. The result is a smoother, firmer, more toned body. Best results are seen in a series of sessions to achieve a dramatic slimming effect, smooth away cellulite pockets, reduce sagging and dimpled skin, and re-sculpt the body's contours.

### Endermologie For Health With Lpg Technology | Improve body functions and accelerate healing

Constantly subjected to ever multiplying aggressors (sedentary lifestyles, accidents, diseases, surgeries, aging), the human body needs extra help to regenerate. The LPG Roll and Lift stimulation revitalizes health fluid exchanges, reactivating circulation while restoring tissue mechanical abilities, thus treating a wide variety of pathologies.

### Endermologie For Sport With Lpg Technology | Condition the body for precision, flexibility, and enhanced recuperation

The LPG System has been shown to improve movement precision, flexibility, and tissue robustness inactive people by accelerating recuperation and recovery after rigorous exertion and repairing “over-solicited” tissues. Additionally, the LPG Roller eliminates metabolic wastes (toxins) caused by intense effort, helping to prevent delayed onset muscle soreness (DOMS). The body is rested, relaxed, and strengthened, ready for new muscular challenges.

## → Injectables

### Platelet-rich Plasma (PRP) | Regenerate and define

Reduce fine lines, improve scarring, prevent hair loss and even skin tone. PRP treatment uses injections of growth factors naturally present in the patient’s own plasma as part of the cocktail to promote collagen growth. A small amount of the patient’s blood is drawn and the platelet fraction containing the growth factors is isolated. This sterile substance is then reinjected into the skin.

**AREAS:** Face, neck, décolleté, scalp, genital (intimate)

**RESULTS:** Cellular regeneration for smoother, younger-looking skin; a visible reduction of wrinkles, scars, and dark circles; promotes and stimulates hair growth

### Facial Mesotherapy | Hydrate and revitalise

Commonly known as “biorevitalization”, mesotherapy is a technique used to rejuvenate the skin by means of a transdermal injection of a multivitamin solution that includes hyaluronic acid, amino acids, and trace elements to instantly rehydrate the skin. This painless and effective treatment will leave you with a glowing complexion.

**AREAS:** Face, neck, décolleté, hands, scalp

**RESULTS:** Instant glow, firming effect (face and décolleté), reduce and define double chin, reduction of fine lines, improved skin tone for face and décolleté

### Body Mesotherapy | Reduce cellulite and refine your body shape

A technique aimed at molding the silhouette naturally through the administration of localized injections that provide stimulus to the patient and dissolve accumulated fat.

**AREAS:** Full body

**RESULTS:** Reduction of cellulite on the hips and thighs

### Hyaluronic Acid-Based Filler | Fill and restore volume

A type of temporary dermal filler, injectable hyaluronic acid (HA), is used to reduce the appearance of fine lines and wrinkles, facial folds, and to create structure, framework, and volume to the face and lips. As the content of hyaluronic acid in our body decreases with age, the skin seems less firm and elastic. The plumping and smoothing effects of injectable hyaluronic acid are seen immediately.

**AREAS:** Face, neck, décolleté, hands, lips, cheekbones, chin, scars

**RESULTS:** Plumping effect for fuller lips, reduces deep wrinkles, smooths fine lines

### Neuro Relaxants / Botulinum Protein | Soften expression lines

By temporarily relaxing the facial muscles that cause wrinkles in the forehead and around the eyes, the treatment softens expression lines, as well as preventing excess sweating.

**AREAS:** Face, neck, décolleté, underarms, hands

**RESULTS:** Reduced expression lines; fresher-looking face; excessive sweating diminished

## → Laser Treatments

### Laser Photorejuvenation | Rejuvenate the skin for a younger appearance

A light and laser therapy to rejuvenate the skin and give it an overall smoother and younger appearance. This treatment helps to reduce brown spots, sun damage, melasma, broken capillaries, and treats signs of aging such as wrinkles and age spots.

**AREAS:** Face, neck, décolleté, hands, body  
**RESULTS:** A more even complexion; reduces rosacea and redness in the skin; reduces fines lines, freckling and irregular pigmentation; improves the texture of coarse, rough skin and reduces large pores

### Laser Pigmentation | Reduce pigmentation and dark spots

The light used by the laser destroys the pigments present in sunspots and rosacea (redness on the cheeks, nose, forehead and chin). Several sessions are necessary to eliminate symptoms completely.

**AREAS:** Face, neck, décolleté, hands, body  
**RESULTS:** Reduces sun spots and pigmentation, reduces the appearance of freckles, reduces acne scars and age spots

### Laser Resurfacing for Acne Scars | Remove acne scars and reveal newer skin cells

A popular and effective treatment to remove the upper layers of skin from acne scarring to reveal newer and more youthful cells. The treatment also promotes collagen production, and encourages new, healthy skin cells to grow, replacing scar tissue and resulting in a smoother appearance.

**AREAS:** Face, neck, décolleté, hands, body  
**RESULTS:** Resolves deep scarring and pitting, promotes collagen production, tightens and smoothes out the skin

### Laser Telangiectasia | Treat and manage spider veins

Telangiectasia (commonly known as “spider veins”) are small, dilated blood vessels in the outer layer of the skin. This condition can be caused by genetics and/or environmental factors such as sun exposure and high temperatures, as well as factors such as excessive alcohol use, smoking, pregnancy, aging, and certain medications.

**AREAS:** Face, neck, décolleté, hands, body  
**RESULTS:** Reduced appearance of telangiectasia

### Vascular Laser | Remove varicose veins

When the small veinlets running through our bodies dilate, they can stand out and take on a red, bluish or purplish color, forming unsightly varicosities. Two to three laser sessions can eliminate these enlarged veinlets.

**AREAS:** Legs  
**RESULTS:** Vericose veins disappear and legs are left with a smoother appearance

### Laser Tightening (NIR) | Powerful anti-ageing, reduce cellulite and uneven skins

NIR is suitable for all skin types and most areas of the face and the body, including areas of skin with cellulite, fat, and uneven skin. It helps to rejuvenate aging skin, plump out fine lines and wrinkles, and promotes the production of new collagen to tighten sagging skin so the skin appears firmer and more youthful.

**AREAS:** Face, neck, décolleté, hands, body  
**RESULTS:** Stimulates collagen and elastin production, reduces fine lines and wrinkles, an anti-ageing effect on the skin



### Laser Hair Removal | Removal of unwanted hair

During laser hair removal, a laser emits a light that is absorbed by the pigment in the hair. The light energy is converted to heat, which damages the hair follicles thus inhibiting future hair growth. Between 4 to 6 sessions are usually required to eliminate all the roots, depending on the area.

AREAS: Face and full body

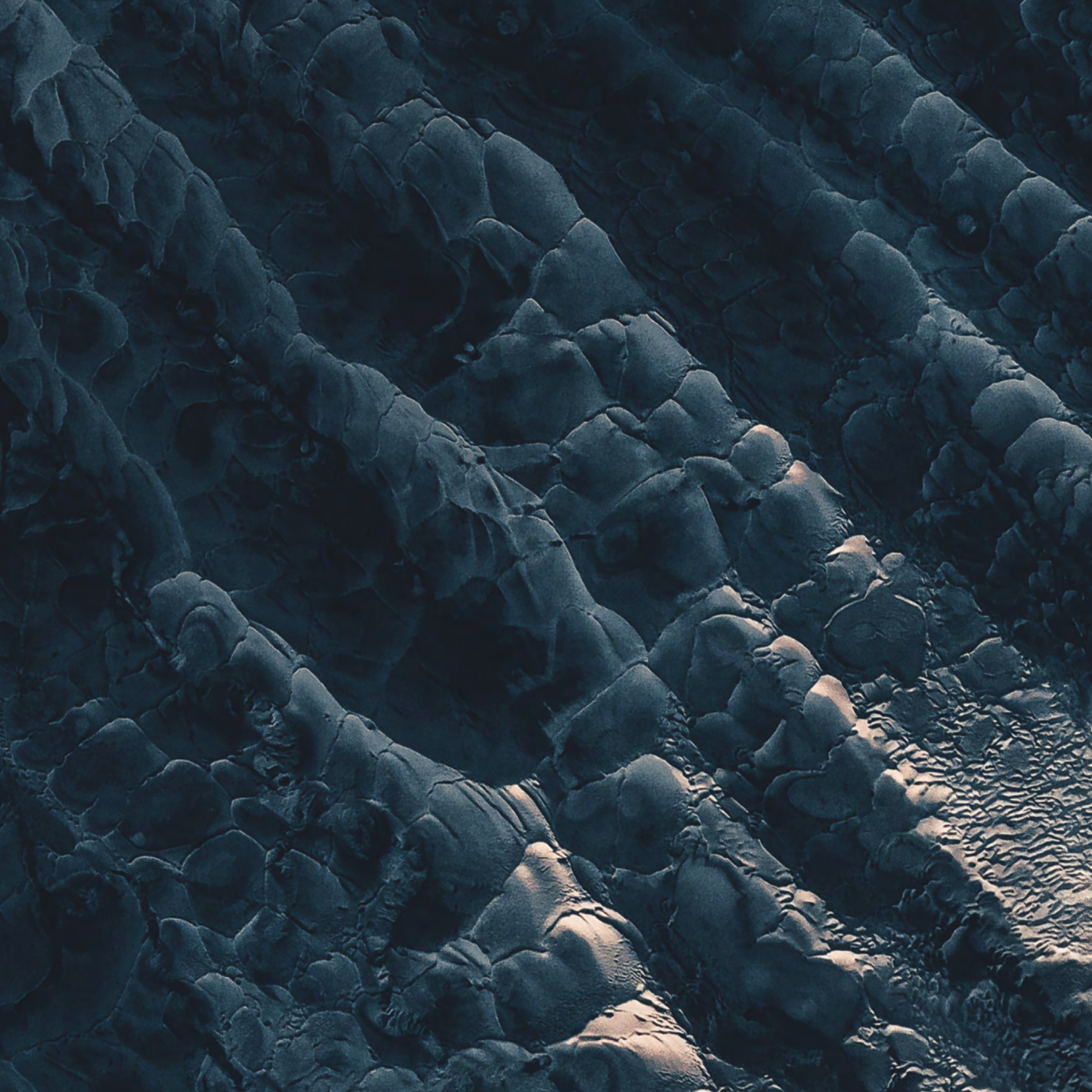
RESULTS: Long-term removal of unwanted hair

### Laser Tattoo Removal | Removal of tattoos

The laser removes tattoos by breaking down all the inks and combination of inks into deeper layers of skin tissues. To remove a multi-colored tattoo the number of treatment sessions will vary depending on the colors and size of the tattoo. Results may vary from person to person.

AREAS: Face and full body

RESULTS: Removal of tattoo(s)





## → Nutrition

### Oligoscan | Mineral tissue and heavy metal analysis

OligoScan's advanced spectrophotometry-based technology allows for an instant and pain-free analysis. Designed to take instant measurements of the body and its minerals, the results can identify deficiencies and excess trace elements, recognize oxidative stresses including ageing and health concerns, and surplus toxic metals which can lead to poisoning. A comprehensive, customized health assessment aiming at optimizing your lifestyle and promoting a holistic approach to healthcare, it also includes lab tests to determine nutritional needs and physical activity monitoring.

### Initial Nutritional Consultation | 60 minutes

Includes a detailed health assessment and personalized nutritional guidance.

### Nutritional Follow-Up Consultation | 60 minutes

Includes a detailed nutrition treatment strategy.

### Comprehensive Treatment Plan

A detailed, personalized nutrition and lifestyle plan including nutritional guidance, recommended lifestyle changes, supplements, and treatment recommendations.

### Nutritional Analysis With Oligoscan

Instant and non-invasive, OligoScan's advanced spectrophotometry-based technology screens for physiological imbalances, including oxidative stresses responsible for aging, a risk of toxic metals poisoning, and excess and deficiency in minerals. Based on the OligoScan results and additional lab tests to determine nutritional needs and to measure physical activity, you will receive a comprehensive treatment plan and lifestyle change guidance.

## → Cellular Facial Treatments

### Cellular Perfect Lifting | 75 minutes

This exclusive facial provides a natural, yet visible lift that improves the skin’s firmness while promoting cellular renewal. It combines innovative rejuvenating solutions and specific manual techniques to remodel facial contours while smoothing wrinkles.

### Cellular Perfect Hydration | 75 minutes

This innovative treatment protects the cells found in the deepest layers of the skin from premature aging, dehydration, and irregular complexion. The skin is re-plumped, smoothed and perfectly moisturized.

### Cellular Perfect Lightening | 75 minutes

Specially designed to balance melanin production, this targeted facial evens the complexion and returns a youthful appearance to the skin.

### Cellular Perfect Purifying Protection | 75 minutes

This highly effective antioxidant facial deeply purifies the pores while accelerating tissue oxygenation. This treatment is the perfect cure for skin exposed to free-radicals and is the skin’s best ally in preventative aging.

### Cellular Perfect Recovery | 60 minutes

Soothing ingredients combined with specific facial techniques allow this targeted treatment to support the skin’s natural healing process. It calms irritation and inflammation while deeply repairing the damage caused by internal imbalances and external aggressions.

### Cellular High-Touch Men’s Perfect Repair | 60 minutes

A perfect cleansing treatment designed specifically for men’s skin. It erases all signs of fatigue for a fresh and healthy appearance. This treatment is tailored to ensure optimum skin rejuvenation for men of any age.

### Cellular High-Tech Exclusive Lifting | 60 minutes

Inspired by advanced medical anti-aging techniques and relying on the most recent patented technological innovations, this lifting treatment acts on a multidimensional level to target signs of aging. It offers spectacular immediate results by visibly lifting and improving the skin’s firmness while promoting cellular renewal. Specific and highly concentrated formulas target loss of firmness, sagging and wrinkles. This facial acts as a natural facelift with long-term benefits – facial contours are remodelled, and wrinkles are smoothed away.

### Cellular High-Tech Intense Hydration | 60 minutes

Infusing the skin with intense moisture, this unique rejuvenating treatment using patented technology protects the deepest layers of cells in the skin from premature aging, dehydration, and irregular texture. The skin’s wellbeing, elasticity and smoothness are optimally maintained through long-lasting moisturization. Skin is deeply hydrated, plumped and rejuvenated; wrinkles and expression lines are smoothed, and skin hydration levels are optimally preserved.

### Cellular High-Tech Pigment Lightening | 60 minutes

Designed to balance melanin production, this high-tech facial works deep into the layer of the dermis directly targeting the cells responsible for hyperpigmentation. Supported by advanced technological research, this revolutionary facial instantly brightens and evens the complexion. The appearance of dark spots and pigmentation irregularities are visibly reduced, bringing immediate radiance and youthfulness to the skin.

### Cellular High-Tech Purifying Anti-Pollution | 60 minutes

Thanks to the power of pure vitamin C, this highly active antioxidant facial removes toxins and restores skin radiance. Acting as a shield against oxidative stress and other external aggressions, this highly stimulating vitamin cocktail is a combination of technologies that bring vitality and radiance to the skin. Tissue oxygenation is increased; skin cells are energized and renewed. This treatment is the perfect cure to fight premature signs of aging and environmental damage caused by free radicals.

### Cellular High-Tech Men’s Total Repair | 60 minutes

Designed specifically for men’s skin, this deep cleaning and rejuvenating facial incorporates the latest patented cellular skincare technological innovations to soothe, purify, and eliminate fatigue to promote a calm, fresh, and youthful appearance. This face treatment ensures optimum skin rejuvenation and optimal skin protection from external aggressions for men of any age.





## → Cellular Body Treatments

### Cellular Firming Body Treatment | 60 minutes

The intensive Cellular Firming Body experience targets loss of firmness and elasticity offering a lift effect with visible and immediate results. By boosting collagen production, the structure of the skin is renewed, smoothed, lifted and revitalized resulting in a toned silhouette.

### Cellular Anti-Cellulite Body Treatment | 60 minutes

Designed to reshape the body contours, this intensive Cellular anti-cellulite treatment targets cellulite, orange peel and loss of tone, leaving a profound sensation of lightness and wellbeing. The body is perfectly defined, firmed and toned.

### Cellular Detoxifying Body Treatment | 60 minutes

The unique blend of active ingredients used in this treatment stimulates metabolism, removes impurities, encourages circulation, and boosts the elimination of toxins. The skin is gently exfoliated, leaving it smooth and healthy. This treatment perfectly complements a weight loss or anti-cellulite program.

### Cellular Body Exfoliation | 60 minutes

This highly relaxing treatment will stimulate blood circulation and remove dead skin cells. It begins with a quick oil rub before your skin is exfoliated using our Cellular Regenerating Salt.

## Add on Treatments :

### Cellular Perfect Décolleté | 45 minutes

This treatment focuses on the décolleté area, targeting wrinkles, sagging skin, loss of firmness and dark spots. The skin surrounding the neck and décolleté area is visibly rejuvenated and appears firmer.

### Cellular Perfect Leg | 35 minutes

Combining an oil massage with exfoliation, and a final application of a refreshing gel, this targeted treatment brings a stimulating yet relaxing freshness to the feet and legs.

### Cellular High-Tech Eye Contour | 45 minutes

Focusing on the most delicate area of the face, the patented technology of this treatment offers a rejuvenated and uplifted eye contour. Fine lines and wrinkles are smoothed and all signs of fatigue are erased. The skin is luminous and firmed.

### Cellular High-Tech Neck & Décolleté | 45 minutes

This cutting-edge treatment owes its effectiveness to Swiss Perfection’s exclusively patented technological innovations. It targets wrinkles, sagging skin, and loss of firmness as it consolidates the skin’s cellular structure by stimulating the production of fibroblasts in the connective tissue. The skin surrounding the décolleté area is visibly rejuvenated and firmed, while both neck and décolleté are toned and reshaped by this treatment.

### Cellular Perfect Eye Contour | 45 minutes

This focused treatment rejuvenates the eye contour while erasing all signs of fatigue. It helps to increase the rate of cell renewal, smooths wrinkles and reveals a youthful appearance.

## → Body Treatments & Rituals

### Revitalizing Massage | 60 minutes | 90 minutes

Awaken your senses and stimulate the body's energy flow with this signature massage. Using the powers of lithotherapy, precise acupressure techniques coupled with rhythmical massage strokes in sweeping movements at varying speeds and sequences combine to revitalize the body.

### Herbal Compress Immunity Boost Massage | 60 minutes | 90 minutes

Combining the expert movements of your therapist's hands with lightly applied herbal compresses, this massage uses a mix of plants exclusively created for Clinique La Prairie to boost the immune system and take you into a state of total relaxation.

### Relaxing Massage | 60 minutes | 90 minutes

From the crown of your head to the tips of your toes, this signature massage takes you on a journey of relaxation. The treatment commences with a healing singing bowl sound meditation to lull you into a deep state of inner peace in preparation for the massage.

### Detox Massage | 60 minutes | 90 minutes

This massage regenerates the body and activates the elimination of toxins. The effect is immediate – tension located in the muscles dissolves, while the physiological system's reflex points rebalance, and oxygenation is improved.

### Chi Nei Tsang | 60 minutes

Taoist traditional abdominal massage to enhance Chi vitality in the organs aim at resolving physical and energetic tensions and emotional blocks. Chi Nei Tsang, working mostly on the stomach, pelvis, and thorax cavities, this manual technique helps with muscular tension and digestive disorder while mobilizing energy and balance.

### Manual Body Lymphatic Drainage | 60 minutes

This manual lymphatic drainage uses light, sweeping strokes to encourage lymph flow, improve blood circulation, and help your body naturally detoxify. It is especially effective for those who have scar tissue, spider veins, or acne, and helps reduce swelling before and after plastic surgery.

### Manual Facial Lymphatic Drainage | 30 minutes

This massage is particularly effective in reducing swelling before and after plastic surgery on the face.

### Abhyanga | 60 minutes | 90 minutes

This deeply nourishing massage uses warmed, organic sesame oil and long sweeping strokes to soothe and de-stress the entire body. Your therapist will adapt the pressure of the massage to suit your requirements, and finish the treatment with a therapeutic head massage to ensure you end your massage in a state of total bliss.

### Deep Tissue Massage | 60 minutes | 90 minutes

This therapeutic massage uses deep tissue techniques and light stretching, working on the deeper layers of your body to release muscle pain and tension. A special aromatherapy oil is used to help your muscles succumb to relaxation.

### Slimming Massage | 30 minutes | 60 minutes

The perfect complement to our Swiss Perfection Cellular Cellulite-Control treatment, this gentle massage improves skin texture, helps eliminate new cellulite, and sculpts the body. The massage culminates with the application of a special aromatherapy oil to leave you feeling light and toned.

Reflexology | 60 minutes

Reflexology is a wonderfully relaxing foot treatment based on the theory that specific areas of the feet correspond to particular areas of the body. Your therapist will apply pressure to your feet to rebalance your whole body and stimulate healing.

Traditional Thai Massage | 60 minutes | 90 minute

Practiced throughout Thailand for 2,500 years, this traditional healing massage technique encourages the body’s internal energy to flow more freely, improving overall health and wellbeing. Your therapist uses fingers, thumbs, elbows, arms and feet in a combination of acupressure and stretching movements. Areas of tension and stress are addressed, and flexibility is enhanced.

Hot Stone Massage | 60 minutes | 90 minutes

Balinese stones bathed in nourishing body oil are worked deep into the muscles to relieve areas of tension. The body receives healing vitality. The skin is intensely hydrated.

Hammam | 45 minutes

Delight in a time-honored cleansing technique that incorporates a fine scrub to nourish your skin. Kessa-glove scrubbing and massage strokes are performed as you lay on heated marble that soothes the senses. Mineral-rich rhassoul clay is applied to detoxify and re-energize the body. The result is silky-smooth skin, a healthy glow, and an overall feeling of wellbeing.

Indian Head Massage | 30 minutes | 60 minutes

Soothe your mind and calm your soul. Drawing on the holistic pressure point techniques of ancient Ayurveda, this massage focuses on relieving tension in the head and neck. Restorative coconut oil both soothes and enlivens the scalp, helping to alleviate insomnia, headaches, and congestion.

Pregnancy Massage | 75 minutes | 90 minutes

Mothers-to-be are restored to optimum wellness with this intuitive and relaxing massage. Our prenatal massage can help reduce stress and swelling in the arms and legs, and relieve muscle and joint pain.



## → Longevity Solutions

### Cryotherapy | 15 minutes

Cryotherapy uses extremely cold temperatures to boost health and reduce injury recovery time. These benefits start by reducing inflammation, relieving pain and improving mobility. Cryotherapy also has a positive effect on our emotions, particularly stress, by releasing endorphins through the hypothalamus. Endorphin release plays a central role in regulating mood and is responsible for wellbeing.

### Oxygen Therapy | 45 minutes

A cabin is injected with pure gas at a pressure two to four times greater than atmospheric pressure to increase the oxygen concentration in the body, causing the original hypoxic tissue to have the ability to repair and promote angiogenesis.

### IV DRIPS | Essential vitamins, minerals and antioxidants

Your secret weapon is intravenous therapy delivered through our range of signature infusions to sustain your health and well-being. Every day, your body requires a certain intake of vitamins and nutrients to maintain normal function. Supervised by trusted medical specialists trained to identify your individual needs, the signature Clinique La Prairie blends are administered via an intravenous drip that delivers nutrients directly into the bloodstream. Each drip contains a carefully selected combination of essential vitamins, minerals and antioxidants to target specific needs, while promoting anti-aging and whole-body health.



#### Immunity & Regeneration Drip

This anti-inflammatory and antioxidant drip will give your immune system a boost with this carefully calibrated cocktail of micronutrients.



#### Detox & Protect Boost Drip

From cleansing your system to reducing heavy metal levels and supporting the liver in eliminating environmental toxins, this powerful infusion addresses a range of health concerns.



#### Energy & Stress Management Drip

Specifically designed to recharge your batteries, decrease anxiety, improve your mood and vitality, this is an excellent solution for those seeking to regain mental focus and balance.



#### Cardiometabolic Health Drip

This signature drip is ideal to boost your general health, improve your energy level and physical endurance, help protecting your cardiovascular system. You will feel energized and uplifted.



#### Beauty Inside-Out Drip

Perfect solution for a healthy and bright skin, thanks to the signature components that stimulate collagen and elastin production. It also helps prevent hair loss.

## → Signatures Experiences

### Energize | 150 minutes

Helps you to quickly recover from feelings of fatigue or depletion through a combination of our signature Wellbeing Therapies and our cutting-edge Longevity Technologies.

### Rebalance | 180 minutes

Helps you to eliminate toxins and deeply purify your body through a selection of our most detoxifying and immunity-boosting treatments. You will leave with a new sense of balance.

### Glow | 180 minutes

Provides the vitamins necessary for optimum skin health, and the technologies that can stimulate cell division and repair. Defy age, rejuvenate your skin, glow from the inside out.

## → Membership

### Longevity Privilege | for one year

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Join a one-year exclusive journey to take care of your health and wellbeing, under the continuous guidance of our longevity experts. This fully-integrated approach brings together an unrivaled combination of assessments, expert follow-up, wellbeing, workouts, and weekly treatments, with a host of complimentary benefits.

### Longevity Premium | for one year

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ABOVE AND BEYOND to unlock pathways towards longevity and wellbeing. In addition to the fully-integrated approach of one year, the Premium membership's features have been specifically designed to give you an in-depth picture of your health, and help you benefit from the latest technologies, science, and assessments.

## Longevity Hub by Clinique La Prairie

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### Opening Hours

10am – 10pm Daily