

# MEMBERSHIP

LONGEVITY HUB  
BY CLINIQUE LA PRAIRIE

THE ST. REGIS  
BANGKOK

## Contact & information

Longevity Hub By Clinique La Prairie  
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## Opening Hours

10am – 10pm Daily

## Longevity Privilege

We want to help you maintain a healthy lifestyle and fulfill a deeper longevity-focused purpose and practice.

Join a one-year exclusive journey to take care of your health and wellbeing, under the continuous guidance of our longevity experts. This fully-integrated approach brings together an unrivalled combination of assessments, expert follow-up, wellbeing, workout and weekly treatments, with a host of complimentary benefits.

*All treatments are tailored to your personal needs, based on your specific Longevity assessment and requirements.*

THB 195,000 for one year

## Your membership includes:

Two full assessments of your longevity status:

- Blood analyses
- A body composition test
- A heavy metals and vitamins screening
- A high tech skin analysis

A continuous follow up during the year by our longevity experts:

- A health concierge always available on site to discuss your needs
- A nutritionist meeting you every 3 months to discuss and review your personalized plan

A multi-disciplinary & personalized monthly intervention plan based on: *(cumulative sessions not available)*

- A longevity Technology to be chosen among: IV drips or Oxygen Therapy
- A wellbeing treatment to be chosen among body massage from the Menu (60min)

Exclusive benefits at The St Regis Bangkok:

- Access to hotel Swimming Pool & Fitness
- 20% discount in all restaurants (excluded IGNIV and ZUMA)

Access to exclusive events

Access to all our Longevity Hub facilities:

- Preferential conditions on treatments & services
- One complimentary cryotherapy session



# Longevity Premium

ABOVE AND BEYOND to unlock pathways towards longevity and wellbeing. In addition to the fully-integrated approach of one year, the Premium membership's features have been specifically designed to give you an in-depth picture of your health, and help you benefit from the latest technologies, science, and assessments.

*All treatments are tailored to your personal needs, based on your specific Longevity assessment and requirements.*

THB 635,000 for one year

## Your membership includes:

Two full assessments of your longevity status:

- ↪ Blood analyses
- ↪ A body composition test
- ↪ A heavy metals and vitamins screening
- ↪ A high tech skin analysis

A continuous follow up during the year by our longevity experts:

- ↪ A health concierge always available on site to discuss your needs
- ↪ A nutritionist meeting you every 3 months to discuss and review your personalized plan

A multi-disciplinary & personalized weekly intervention plan based on: *(cumulative sessions not available)*

- ↪ A longevity Technologyto be chosen among: IV drips or Oxygen Therapy
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Access to exclusive events

Access to all our Longevity Hub facilities:

- ↪ Preferential conditions on treatments & services
- ↪ Weekly complimentary cryotherapy session

## Plus the following advanced screenings for your health:

- ↪ Epigenetic test and assessment: Take control over your biological aging - Measuring how lifestyle is shaping biological age is now available through an Epigenetic screening.
- ↪ Weekly Cryotherapy sessions (value THB 104,000): To activate the innate repair system, boosting energy, generating collagen production and releasing endorphins.

